

Positive Feedback

1. Choose a teacher other adult and concentrate on being a positive as possible with them for five consecutive days.
2. Look at the person when he/she speaks.
3. Respond when you understand. (Verbally or non verbally - but not in a disruptive manner)
4. If seated, use good posture and be attentive.
5. Answer questions politely.
6. Greet the person or exchange dialog at some time during the time spent with them if time allows.
7. Don't "apple polish" or act phony with your improved attitude. Be sincere.
8. Be on time, have assignments prepared and follow all rules.
9. Keep a daily diary. Record what you do and say; also, how the person responds.
10. You will write a summary of the experience that will state your results. You will receive a grade for a pre-writing assignment, the diary entries and the final report.

1st written assignment:

Write a paper about the person you will choose for this assignment.

1st paragraph: Tell who you have chosen to attempt positive feedback with and why you chose this person.

2nd paragraph: Tell what kinds of things you will do to change your behavior in that teacher's class or when you are with that person.

3rd paragraph: State whether or not you feel this will be a successful assignment. Tell why or why not. (Are you looking forward to it? Dreading it?)

2nd assignment

Five days of journal entries that tell what you did to be positive and what the other person's reaction was.

A final summary about your experience. Was it successful? How much did you try? Do you think positive feedback works?